

RICHMOND COMMUNITY SCHOOLS HEAD START LUNCH MENU — APRIL 2023

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.

Milk choices include fat free or 1% unflavored, and fat free chocolate or strawberry flavored.

Menu Subject to Change Without Notice

Nutritional information is available on the Food Service web page of the Richmond Community School District Website.

"This is an equal opportunity provider and employer"



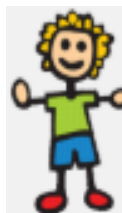


Product of Michigan

*Richmond Community Schools
Will participate in MI Farm to
School.
MI based items of
Farm to School (*) = food choice*



SPRING BREAK!

10 No School 	11 WG Wow Butter Sandwich Potato Smiles Diced Peaches 1% Unflavored Milk	12 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Banana 1% Unflavored Milk	13 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices 1% Unflavored Milk	14 No School 
17 Yogurt w/String Cheese WG Graham Cracker Corn Mixed Fruit 1% Unflavored Milk	18 WG Cheesy Bosco Sticks Carrot Coins Diced Peaches 1% Unflavored Milk	19 WG Mac & Cheese Steamed Broccoli Fresh Orange Slices 1% Unflavored Milk	20 Lil Caesars Cheese Pizza Romaine Salad Diced Pears 1% Unflavored Milk	21 No School 
24 WG Chicken Nuggets WG Dinner Roll Corn Mixed Fruit	25 WG Wow Butter Sandwich Potato Smiles Diced Peaches 1% Unflavored Milk	26 WG Rotini w/ Beef Meat Sauce Steamed Broccoli Fresh Bananas 1% Unflavored Milk	27 Lil Caesars Pepperoni Pizza Romaine Salad Fresh Apple Slices 1% Unflavored Milk	28 WG Soft Beef Taco Refried Beans w/ Cheese Fresh Apples 1% Unflavored Milk